

# UKUVELA KWETHEMBA

## *ISIKHOKELO SESIFUNDO*



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## Reflections of Hope: Study Guide

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Ukowitzo lwezibhalo lusuka KwiziBhalo EziNgcwele yesixhosa (1975).  
Isetyenziswe ngemvume yombutho weBhayibile waseMzantsi Afrika.

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**PHAMBILI:*****THIXO, INGABA UNDIKHATHALELE NYANI NA?***

Ibhalwe ngu Sharon Jaynes

Ndiyathemba ukuba uye wakonwabela ukuxelwa kwakhona ngobomi nolungiselelo luka Yesu ngokujonga kwamehlo omfazi. Kodwa phambi kokuba siluncome nyani uthando olukhululayo uYesu alubonisayo kubafazi njengokuba wayehamba apha emhlabeni, kudingeka siqonde ukuba ubumnyama bungqonge ilizwe. Phambi kokuba singene ebumnyameni, kufuneka sikhumbule okuhle emva egadini yaseEdeni.

IBhayibhile isixelela ukuba, “*Ekuqalekeni uThixo wadala izulu nehlabathi*” (Genesis 1:1).

UThixo wathetha ngelizwi yabakho indalo kwiintsuku ezintandathu, qho emva kosuku ngalunye kwezintlanu zokuqala, xa ilanga litshona, uThixo wathi, “kulungile”. Amaxesha amathandathu xa egqiba kudala, wayebonakalisa ukuwuphumeza umsebenzi wezandla zakhe. Siqhubeka sisiva le ntetho njalo ke siqhawulwe ngesaquphe ngamazwi oMdali xa wayejonge indoda elilolo ingenamlingane uyifaneleyo. “Akulungile ukuba umntu abe yedwa” (IGenesis 2:18).

UThixo wamwisela ngobuthongo obukhulu uAdam, waze wakhupha imbambo enye apha kuye, wadala owaba ngamagqibelo kwindalo- umfazi.

UEfa yabangowona msebenzi mhle omangalisayo owenziwa nguThixo. Zange kucingwe ngaye nje kamva, kodwa waba sisidalwa esimangalisayo awasenzayo uThixo ekugqibeleni. Umfazi wabunjwa ukuze agqibelelekise umfanekiso wokuveza umfuziselo kaThixo. Indoda yayingenokwazi ukusebenza yodwa. Umfazi wayengenokwazi ukusebenza eyedwa. Bobabini babedingeka khona – ukuze basebenze, balungiselele futhi bahlale kunye ukuze bagqibelelise umfanekiso uThixo awayewulindele ngalo lonke ixesha.

UThixo wayiqoshelisa iveki yakhe yokudala kwabe sekuqukunjelwa ngalamagama: “Kwaba njalo wakubona uThixo konke akwenzileyo, nanko, kulungile kunene.” (IGenesis 1:31). Ekuvezweni komfazi, into eyayi “lungile,” ngoku ya “lunga kunene.”

Kwenzeka ntoni? Wasuka njani umfazi kwindawo ehloniphekileyo ngokulingana nomfanekiso oveza umfuziselo kaThixo eMyezweni waseEdeni ukuya kwindawo yesiqalekiso nentlupheko esiyibonileyo amawaka eminyaka? Kulungile masingawushiya uMyezo waseEdeni okwangoku.

Isahluko sesithathu seGenesis siqala ngegama eloyikisayo "Ke kaloku inyoka..." Usathana wanyebelezela wangena kuMyezo wase Edeni walinga uAdam noEfa ukuze bangamthobeli uThixo ngokutya kumthi wokwazi okulungilyo nokubi.

Bakholelwa kubuxoki bukaSathana endaweni yokukholelwa inyaniso kaThixo, abawuthobela umyalelo wakhe omnye, bangenisa isono, ukufa nokwahlukana noThixo emhlabeni. IBhayibhile isixelela ukuba ukususela kwelaxesha, wonke umntu uzelwe ehlukene noThixo ngenxa yesono (**KwabaseRoma 5:12**).

Phambi kokuba umntu one, uThixo wathi ukuba umfazi uyakulawula neNdoda (**iGenesisi 1:28**). Esinye seziphumo zokuwa sesokuba ngoku umfazi uzakulawulwa yindoda (**iGenesisi 3:16**). Ukusukela kwelaxesha, ubuhlobo obunoxinzelelo phakathi komfazi nendoda bathatha indawo yolonwabo nobunye.

UThixo uyakuthanda ukuguqula izinto. Kwangelothuba uAdam noEfa betyile kwisiqhamo esingavumelekanga ukuba masityiwe, ithunzi lomnqamlezo laphakama phezu kwendawo eyayibonakalalisa icebo likaThixo lokuhlangula elaye lenziwa. Ngexesha umthi egadini yaseEdeni uzisa ukufa nesiqalekiso, umthi waseKhalivari wazisa ubomi nentsikelelo. UYesu weza ezokubuyisela ubuhlobo obabungekho phakathi komntu noThixo, ezisa ubomi obungunaphakade ezulwini, futhi wabuyisela ubomi obugqithisileyo emhlabeni. Kodwa kwakukho iiminyaka engamawaka eyayiphakathi kwamazwi kaThixo awayesolatha ukuza koMsindisi namazwi kaYesu emnqamlezweni, “Kugqityiwe.” Futhi ngelishwa, abafazi babecinezelwe, baxhatshazwa basetyenziswa nangayiphi na indlela engalunganga futhi engakholelekiyo.

Xa uYesu wayengena emhlabeni ngobobusuku babugcwele iinkwenkwezi eBhetelehem, ukukhala kwakhe kokuqala kwavakala kwizililo entliziyweni zabafazi ababesetyenziswa ngendlela engeyiyo bexhatshazwa amakhulu eminyaka. Ngexesha uYesu enyathela okokuqala kumhlaba onothuli waseGalili, abafazi babephila ubomi obukrakra. Babengavumelekanga ukuba bathethe namadoda esidlangalaleni, bangqine ezinkudleni okanye bazixube namadoda kwiindibano zasekuhlaleni. Abafazi babehlala ethunzini kwindawo ezifihlakeleyo ekuhlaleni kwakunqabile ukubabona ngamehlo okanye ukubeva bethetha.

Njengekhoboka, intombi yayiyinto katata wayo ekuhambeni kwexesha ibeyinto nje yomyeni wayo. Abafazi babengafundanga, benganconywa nganto futhi bengabalelwa ntweni. Babengavunyelwa ukuba batye kwindlu enye kunye namadoda, nokufundiswa iincwadi zomthetho okanye bangene kwigumbi elingaphakathi etempileni namadoda.

Abafazi babecalucalulwa ekuhlaleni nakubomi bezenkolo beengingqi zabo futhi babethathwa ngokuba zizidalwa ezijongeleke phantsi ezinjongo yazo yayikukuhlala ekhayeni nokonwabisa ngokwezesondo. Umthandazo owawuqhelekile wendoda engumYuda njengokuba yayivuka imihla ngemihla wawusithi, “Ndiyabulela Thixo ngokuba ndingenguye owentlanga, ndingelokhoboka futhi ndingengomfazi.”

Kodwa uYesu weza wayitshintsha yonke lo nto. Weza ezokubuyisela eyona njongo necebo lakhe ngamadoda nabafazi elasithelayo futhi laphazanyiswa kuMyezo waseEden (**1 KaYohane 3:8**). Inxalenye yokubuyiselwa yaquka ukubuyiselwa

kwabafazi kweyona ndawo yabo ebabeyonwabela phambi kokuwa. UYesu wahamba kwindawo ebonakalayo ukuze abone umfanekiso owawufihlwe kwindawo esethunzini etshixwayo eyayinesitshixo ongumfazi wakhaba amacango avuleka gangalala ngenyaniso.

Kulula ukuthi kuleminyaka ingapha kwamawaka amabini sifundayo uYesu enxulumana nabafazi njengento eqhelekileyo, kodwa wayengumceli mngeni ngokupheleleyo. Wayethetha noomama ekuhleni, ebafundisa ngokuthe gabalala, watya nabo ngokukhululekileyo futhi ebaphatha ngentlonipho enkulu. Kwindawo enesithethe esasigcina abafazi bevaleleke endlini bengaviwa bengabonwa nokubonwa, uYesu wabatsala wabakhupha emfihlakalweni, wababeka phambili futhi wakhanyisa embindini wabo ngokhanyiso lothando lwakhe lobuThixo ebiza ubomi babo. Njengokuba ukuphila kweTestamente eNtsha kuvela, abafazi bazalisa iqonga bedlala indima ephambili bevakalisa umboniso omangalisayo wokuhlangula uvuleleka.

UThixo wakhetha uMariya, uMama kaYesu, ukuqala ulungiselelo lwemiqondiso emtshatweni eKana njengokuba wayeguqula amanzi abeyiwayini (**uYohane 2:1-12**). Wakhulula umntu ebelahliwe ekuhlaleni, uMariya waseMagadala, kumadimoni wammema yena nabanye abafazi ukuba bazibandakanye kunye naye kwiqela lolungiselelo lakhe. (**uMarko 16:9**). Eyona ncoko kaYesu eyakhe yande eshicelelweyo kwiTestamente eNtsha wayekunye nomfazi ongumSamariya-umSamariyakazi awayedibene naye ngasemthonjeni. Kwakukulomfazi kanye apho uYesu watyhila ukuba ungubani kanye-kanye ngenene ezityhila njengoMesiya ekwakuthenjiswa ngaye. UYesu wamzalisa lomfazi owayenxaniwe ngamanzi aphilileyo futhi wambukela esiya esixekweni esiba ngomnye wabafazi bokuqala ukuba ngumvangeli.

UYesu wolulela isandla sakhe kwabo bangachukunyiswayo. Wafikelela ekuphiliseni umfazi owayenethombo legazi iminyaka elishumi elinambini (**uLuka 8:43-48**) futhi wavusa intombazana eneminyaka elishumi elinambini ekufeni (**uMarko 5: 35-43**). Wabiza umfazi owayenobulwelwe ehamba kumathunzi asekuhlaleni futhi wambeka embindini weqonga njengokuba wayesolula umqolo wakhe owawugobile wamkhulula ukuze azukise uThixo (**uLuka 13:10-17**). UYesu wancoma isipho esincinci somhlokokazi wasigqhamisa njengesona singumzekelo sokunikela kokuncama ngenene (**uMarko 12: 38-44**). Waxolela umfazi owayebanjwe ekrexeza wamnika inkululeko ukuze aqale kutsha (**uYohane 8:1-30**).

UYesu wamemela uMariya waseBhethani egumbini lokufundisa lamadoda ukuze enze intetho ecacileyo ngesenzo sakhe sokuba ngoku yayilixesha labafazi ukuba bafunde ngezwi likaThixo (**uLuka 10:38-42**). Ngentsasa yokuvuka kukaYesu, Wakhetha ukuzibonakalisa kwakhe okokuqala kuMariya waseMagadala, kwaye wambiza ukuze angqine kubafundi ukuba uvukile ekufeni (**uYohane 20:11-18**).

UYesu waphilisa abafazi ngokwasemoyeni, enyameni, engqondweni nakwimvakalelo. Wababonisa intlonipho nokuxabiseka okomntwana kaThixo. UYesu wathatha izitshixo zenyaniso wakhulula amatyathanga ukuze akhulule

abafazi kwingcinezelo eyayibabophile ibatshixele kude ekoneni yomngxunya wasekuhlaleni. Ndineqhayiya kakhulu ngabobafazi abamkela isimemo sika Yesu sokuba baphume ekuzimeleni. Babengabathunywa abatshintshwe zizithethe bamamela kubizo lukaThixo ngaphezulu kwamazwi engcinezelo yezithethe.

Njengokuba ucinga ngokuqhagamshelana kuka Yesu nabafazi eBhayibhileni, ungaphulukani nommangaliso futhi nokoyikeka kwamazwi akhe angqongqo atshintsha ubomi. Hlala ecaleni komlambo nomfazi womSamariya elindele isithuko nokulahlwa, kodwa wafumana ukwamkeleka nothando. Yima nomfazi owayebanjwe ekrexeza, owayelindele ukugwetywa nokufa, kodwa wafumana uxolelo nobomi obutsha. Fikelela nomfazi owayesopha wamchukumisa emqokumbelweni wengubo yakhe emfihlakalweni, kodwa waphila kuphela wafumana ukwaziwa esidlangalaleni. Phakama ekwaphukeni noMariya waseMagadala futhi ubaleke ngenjongo yokuvakalisa ummangaliso wokuvuka kuka Yesu.

Njengokuba ucinga ngomfazi ngamnye uYesu awamtshintshayo, ndiyathandaza ukuba ubhale igama lakho kulomboniso futhi ubenamava ngaye kunakuqala. Unexabiso kuThixo. Igama lakho libhaliwe entendeni yesandla Sakhe.

Ukuba ungathanda ukuthandaza ukuze wamkele uYesu Krestu njengeNkosi noMsindisi wakho wamkele nesimemo sikaThixo ukuze uchithe ubomi obungunaphakade ezulwini kunye naye, ungathandaza kwalomthandazo mnye owathandazwa nguRivka kumboniso bhanya-bhanya awawuthandazayo nomhlobo wakhe.

*“Thixo, Bawo wam osezulwini, ungcwele futhi ulilungisa. Enkosi ngokuba undithanda. Ndonile ngokuchasene nawe. Ndiyabulela ngokuba uthumele uMesiya owawuthembise ngaye, uYesu, ukuze atshabalalise isiqalekiso nosizi nobutyala. Ndiyabulela ngokuba wafela indawo yam. Ndifuna ukulandela umsindisi wam ophilayo. Ndiyabulela ngokuba undixolele wandamkela. Ngegama lika Yesu, Amen”*

Ukuba uthandaze lomthandazo namhlanje, singathanda ukuva kuwe. Ungaqhagamshelana nathi ku [www.magdalenatoday.com](http://www.magdalenatoday.com) futhi singavuyisana nawe!

USharon Jaynes sisithethi senkomfa kwihlabathi jikelele futhi ubhale iincwadi ezininzi ezikhuthaza abafazi. Ukufunda ngakumbi, tyelela ku [www.sharonjaynes.com](http://www.sharonjaynes.com).





**ISIFUNDO 1**  
**UYESU, UMALUSI WETHU ONOTHANDO**  
**RIVKA: *Ingaba uyandibona mna?***

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**Ukuqala ukwazana nawe:** Yabelana ngokufutshane (1-2 imizuzu) ibali lakho kulamacandelo alandelayo:

- ❑ Ithini imvelaphi yakho yokukholwa?

Undawoni kwindlela yakho yokholo? Ingaba ufana nqwa no Rivka ofuna ukwazi ukuba ingaba uThixo uyakubona na? Ingaba ufana no Mariya wase Magadala, omaziyo, osendeleyo kuYesu? Okanye ingaba usemaphakathini?

**BUKELA**

Umboniso bhanya-bhanya - Isahluko 1: UMariya wase Magadala uhambela endlwini ka Rivka.

**YAZI**

Kumboniso bhanya-bhanya uRivka uthi: “Ingaba nguThixo owadala konke oku? Ndiyathandabuza ukuba uyandibona mna, kwaye andiqondi ukuba uyandazi mna. Mhlawumbi uThixo ophezu konke angathanda indoda eNgcwele kodwa hayi umntu ofana nam.” Njengaye uMariya waseMagadala, u Rivka nabanye abafazi kumboniso bhanya-bhanya, wonke umfazi unebali anokulibalisa. Nawe unebali onokulibalisa, Ibali ngalinye linesiqalo, linombindi ekugqibeleni libe

nesiphelo. Kula mabali kunesiqinisekiso sokuba kuno Malusi onothando- Onguyena owadala mna ngenjongo wandinika ubomi obunentsingiselo ebalini lam. Kwiveki ezimbalwa ezizayo ungeza ukuze wazi, ubone njengoko uRivka ekugqibeleni wenza njalo, ngoba unexabiso kuThixo. Uyakubona kwaye uyakwazi!

### UBUSAZI?

Kwintetho UGqira Larry Crabb, umphicothi ngqondo ongumKrestu owaziwayo, umbhali nesithethi sathi, “Into eyoyikisayo kwiintliziyo zabafazi kukungabonakali.” Ingaba uyavumelana noko?

Ngoba kutheni uvumelana okanye ngoba kutheni ungavumelani?

Elinye lamagama ka Thixo aseBhayibhileni ngu El Roi, elithetha ukuthi “UnguThixo obonayo.”

### EQHUBEKAYO

Nokuba ukweliphi inqanaba eluhambeni lwakho, uxabisekile kuThixo. Ngaphambi kokuba akudale, wakubona wakwazi.

### UThixo uyakubona:

*“Ngokuba wena wazibumba izintso zam, Wandibiyela esizalweni sikama. Ndiyabulela kuwe ngenxa enokuba ndenziwe ngokoyikekayo, ngokubalulekileyo; Zibalulekile izenzo zakho, umphefumlo wam uyazi kakuhle. Ayengagushekile kuwe amathambo am. Mna ndenzelwayo entsithelweni, ndalukwa ndiyimfakamfele ezinzulwini zomhlaba. Amehlo akho andibona ndiseyimbumba, Zazibhalwe encwadini yakho iimini zonke ziphela; Ziyiliwe ngenxa engaphambili, kungekabikho nanye kuzo. Ke kum zinjani na ukunqaba izicamango zakho, Thixo. Asingangani isimbuku sazo! Zingathi, ndizibalile, zibe ninzi ngaphezu kwentlabathi; Ndakuvuka ndoba ndisenawe.”*  
(**Iindumiso 139:13-18**)

Yintoni eshukumisa intliziyo yakho xa usiva lamazwi?

Ingaba kunzima ukukholelwa ukuba uThixo wakudala ngalendlela uyiyo? Kutheni uvumelana okanye kutheni ungavumelani?

EBhayibhileni, KwabaseKolose 1:15-16 ithi:

*“Ungumfanekiso kaThixo ongenakubonwa, owamazibulo kwindalo yonke. Ngokuba zadalelwa kuye zonke izinto, ezisemazulwini nezisemhlabeni, ezinokubonwa, nokuba ziitrone, nokuba zibubukhosi, nokuba zizilawuli, nokuba ngamagunya; zonke izinto zidalwe nguye, zidalwele yena.”*

Ngubani owakudalayo? Ekudalela eyiphi injongo?

Ibaluleke kangakanani na lento kuwe?

**UThixo uyakwazi:**

*Yehova, undigocagocile wandazi, Wena uyakwazi ukuhlala kwam nokusuka kwam; Uyaziqonda izicamango zam nakude. Ukuhamba kwam nokulala kwam, uyakwela; uqhelene neendlela zam zonke. Ngokuba alikho ilizwi elulwimini lam Ongalaziyo ke, Yehova, kanye. Ngasemva nangaphimbili undingqingile, Wasibeka phezu kwam isandla sakho. Kubalulekile kum oko kwazi, kuphezulu, kudingabele. (Iindumiso 139:1-6)*

Ingaba esisiqendu sikuxelela ntoni na ngoThixo?

Ingaba iyayiguqula indlela ombona ngayo uYena? Ukuba kunjalo, njani?

Ingaba esisicatshulwa sikuxelela ukuba uThixo uziva njani ngawe?

♥ **Ikwenza uzive njani lo nto?**

Ikwenza uzive uthobekile, kwaye umangaliseke nangakumbi ukwazi ukuba nangona uThixo esazi yonke into (okulungileyo, okubi nokoyiyekekayo!) Usafuna ubuhlobo bothando nawe.

**uThixo uyakuthanda:**

*“Kuba ndeyisekile kukuba nakufa, nabomi, nazithunywa zezulu, nazilawuli, naziphathamandla, nanto zikhoyo, nanto zizayo, nabuphakamo, nabunzulu, nasinye isidalwa esisimbi, asiyi kuba nako ukusahlula thina eluthandweni lukaThixo, olukuye uKrestu Yesu, iNkosi yethu.” (KwabaseRoma 8:38-39)*

**XELA**

**Umceli mngeni:** Mhlawumbi ufana noRivka mhlawumbi awuqondi ukuba uThixo uyakwazi okanye uyakubona. Ekupheleni komboniso bhanya-bhanya, uRivka wakhetha ukukholelwa ukuba uThixo ngenene uyamthanda kwaye wabeka ukholo lwakhe kuYesu. Ngomthandazo nje olula, onjengalo ulandelayo, nawe ungakhetha ukukholelwa ukuba uYesu wakudala, uyakubona, uyakwazi, kwaye uyakuthanda. Wena! Ungamxelela namhlanje ukuba uyakholwa?

*Thixo, Bawo wethu ozezumalwini, UNgcwele kwaye ulilungisa.  
Ndiyabulela ngokuba undithanda. Ndonile ngokuchasene nawe. Enkosi ngokuthumela uMsindisi njengoko wathembisayo ukuza kutshabalalisa isiqalekiso selishwa nobutyala. Enkosi ngokuba wafa endaweni yam.  
Ndifuna ukulandela uMsindisi wam ophilayo. Enkosi ngokundixolela nokundamkela. Amen.*

**Ngena Nzulu:** Nokuba sele ukhethe ukukholwa kulenyaniso ingoYesu, okanye usatsala nzima yintandabuzo, ngoko unganexesha kuleveki uthethe noThixo ngentandabuzo onayo. Qwalasela iivesi ezingentla uphinde uzijonge kule veiki. Ukuba uThixo ikhona into akufundisa yona nentandabuzo onayo, nceda uyabe kunye neqela kwiveki elandelayo.



**ISIFUNDO 2:**  
**YESU, UMBABALI OXOLELAYO**  
**Umfazi owabanjwa ekrexeza: Ingaba angandixolela?**

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**YABA**

Ingaba kukhona umntu ofuna ukwaba kwivesi zeveki ephelileyo ? Ingaba uThixo ikhona into aye wayityhila kuwe malunga nentandabuzo onayo?

**BUKELA**

Umboniso bhanya-bhanya - Isahluko 12: Umfazi owayebanjwe ekrexeza oxolelweyo

**YAZI**

EBhayibhileni, uYohane 8:1-11 ithi:

*“UYesu ke yena waya eNtabeni yemiNquma. Uthe ngesifingo wabuya wafika etempileni; baye bonke abantu besiza kuye; wahlala phantsi wabafundisa. Ababhali nabaFarisi bazisa ke kuye umfazi obanjwe ekrexeza; baza bemmise phakathi, bathi kuye, ‘Mfundisi, lo mfazi wabanjwa ekrexeza, kanye kuloo ntlondi. Ke kaloku emthethweni uMoses wasimisela ukuthi abanjalo mabagityiselwe ngamatye, uthini na ke wena?’ Babesitsho ke bemhenda ukuze babe nokummangalela;”*

*“kodwa u Yesu ethobe phantsi, wabhala ngomnwe emhlabeni. Uthe ke bakumana bembuza, waphakama, wathi kubo ‘Ongenasono kuni makaqale amgibisele ngelitye.’ Wabuya wathoba phantsi, wabhala emhlabeni.”*

*“Bathe ke bona bakuva, besohlwaywa naluvalo lwabo. Baphuma ngabanye, beqalela kwabakhulu, kwada kwaba kwabokugqibela. Wasala yedwa u Yesu waye umfazi emi phakathi. Ephakamile ke u Yesu, akabona mntu kwakuphela ngumfazi lowo. Wathi kuye, ‘Mfazindini, baphi na abo bamangaleli bakho? Akukho ukugwebileyo na?’”*

*“Wathi ke yena, noko namnye, Nkosi.”*

*“Wathi ke u Yesu kuye, ‘Nam andikugwebi; hamba ungabuyi wone.’”*

### **UBUSAZI?**

Ngexesha lika Yesu, ukukrexeza yayisesona sono sikhulu kwaSirayeli.

Ababhali nabaFarisi babesazi iLevitikus 20:10, ”Indoda esukuba ikrexeze umfazi wommelwane wakhe, wobulawa afe umkrexezi lowo, kwanomkrexezikazi.”

- Ucinga ukuba lo mfazi wayesokoliswa yintoni?
- Wayephi umlingane wakhe? Ingaba lento isixelela ntoni ngabamangali bakhe?
- Ingaba ucinga waziva njani akubanjwa atsalwe asiwe esidlangalaleni?
- ♥ Ungaziva njani xa isenzo esingalunganga osenzileyo sityhilwa elubala?**

Kuyafana naxa senze ngokunxamnye nomthetho, into evisa ubuhlungu omnye umntu okanye into evisa uThixo ubuhlungu, ezo zinto uzithatha kalukhuni azibize ngokuba sisono. Isono kukuhamba ngokwethu ukuqonda, iingcinga ezizezethu, sisenza ukufuna kwethu ngaphezu kokufuna kukaThixo. Isono sibandakanya uhlobo lobumna okanye izenzo zam okanye zonke.

Inqanaba likaThixo eBhayibhileni lisibonisa intliziyo kaThixo, xa sithi siqhankqalaze senze ngokwemfuno zethu, siye siphulukane nokulungileyo uThixo asibekele kona, kwaye simvise ubuhlungu.

- Ingaba uThixo waphendula njani kule meko yalo mfazi kwaye wambonelela njani kwimeko yakhe?
  
- Ingaba kutheni impendulo kaYesu yayithetha lukhulu kuye?
  
- Ingaba lo mfazi kwakukho nto ekwakufuneka eyenzile ukuze axolelwe?

Bohluke kanjalo ke ubuhlobo noThixo kunokuba ube ngumkhonzi nje. Inkolo ithi yenza okulungileyo ukuze wamkeleke, uthandwe kwaye uxolelwe. Ubuhlobo bethu kuThixo abuxhomekekanga misebenzini ngoba sesamkelekile, kwaye sithandiwe, futhi sixolelwe.

## EQHUBEKAYO

**UKUPHILA NOKUFA** ngamagama abalulekileyo eBhayibhileni. IBhayibhile ithetha ngobomi ngokoMoya ngokufa nangobomi basenyameni nobokufa.

**uYohane 17:3** ithetha ngobomi ngokoMoya: “Bubo ke obu bomi obungunaphakade, ukuba mabakwazi, wena ukuphela koThixo oyinyaniso, naye uYesu Kristu omthumileyo.”

Ezi vesi zilandelayo zithetha ngokufa ngokoMoya.

**KwabaseKolose 2:13-14** ithi:

*“Nani, nifile nje ziziphoso nakukungaluki kwenyama yenu, unidlise ubomi ndawonye naye, enixolele zonke iziphoso. Ewucimile umbhalo wesandla owalana nathi, owawumelene nathi ngayo imimiselo, uwususile ke kanye, ngokuwubhethela emnqamlezweni.”*

- Ngokwezivesi, kwenzeka ntoni ngamatyala esasigwetyelwe wona?

Asisaphili ngaphantsi “komthetho kaMoses” oxelwa yivesi engentla, ngoko ke siphila ngezithethe namasiko esiphila kunye nazo. Singabafazi siphila phantsi koxinzelelo olunzima lokufuna ukwenza kakuhle. Xa singakwazi sizama kangangoka ukuzama ukugquma ukungagqibeleli kwethu.

UThixo uyasixelela **kwabaseRoma 8:1**: “*Ngoko ke, ngoku akukho kugwetywa kwabakuKristu Yesu.*”

- Ngokuya ngale vesi, yintoni eyinyaniso ngabo “bakuKristu Yesu?”
- Singakwazi njani ukuba asigwetywanga sitshintshe indlela esizobona ngayo?
- Ngokwalemeko singabonisa kanjani indlela esinokuthi sibaphathe ngayo abanye?

Xa uYesu wayethetha nalo mfazi wayebanjwe esona, wamxolela kodwa wamxelela ukuba ahambe angabuye one. Wamxelela ukuze abambe umntu omtsha okhululekileyo kwaye oxolelweyo. Kwangalondlela sixolelwe ngalo nkululeko kukhona uxanduva nokwazi ukuthi ungubani. Lento ke ayithethi ukuba asizusilela kwakhona, kodwa ibeka umkhomba ndlela ebomini bethu.

**1 KaYohane 1 :9-10** uthi:

*“Ukuba sithi sizivume izono zethu, uthembekile, ulilungisa ukuba asixolele izono zethu, asihlambulule kuko konke ukungalungisi. Ukuba sithi asonanga, simenza ixoki, ilizwi lakhe alikho kuthi.”*

- Xa sisilela, ingaba silungisa njani kuThixo kwakhona?

**XELA**

**Umceli-mngeni:** Ukuhlambulula kuthetha ukuthi siyavumelana noThixo ngeengcinga zethu ezingalunganga, nangezenzo zethu ezingahlambulukanga. Siyavumelana Naye ukuba azilunganga, sicele intethelelo kwaye samkele ukuba sele sixolelwe nguThixo ngenxa kaKristu owasifelayo emnqamlezweni.



Masenze intlambululo ibe yinto eyenzekayo:

1. Dwelisa uluhlu lwezono zonke owakha wazenza kwiphethshana wandule ke ukuzitshisa. Olu luhlu ke luphakathi kwakho no Thixo, kufuneka unyaniseke ngokugqibeleleyo. Ngokuzolileyo mcele uThixo akuncede ukuze uzibone zonke izinto ebomini bakho ezingamkholisiyo. Bhala phantsi yonke into uThixo ayibeka engqondweni yakho. Njengoko ubhala nganye nganye, zihlambulule kuThixo. Khumbula unoThixo oluthando onako ukuxolela - Wanikela ngoNyana wakhe esenzela wena!
2. Emva kokuba ugqibile ukubhala uluhlu, bhala amazwi ka **1 KaYohane 1:9** anqumleze uluhlu olo lwakho, amazwi athi: “Ukuba sithi sizivume izono zethu, [uThixo] uthembekile, ulilungisa, ukuba asixolele izono zethu, asihlamubulule kuko konke ukungalungisi.”
3. Xa ugqibile ukuthandaza nokuhlambulula mbulele uThixo ngokukuxolela ngokholo, utshabalalise uluhlu lwezono ubonise ukuxolelwa nguThixo athe wakuxolela ngako ngokuthi ukrazule, uwacole okanye uwatshise ukuze ubonise indlela egqibeleleyo uThixo athe wakuxolela ngayo.

**Ngena nzulu:** Siphiliso sakho (uluhlu lwesono) ngoku?

Ukuxolelwa kuzisa inkululeko etyaleni!

**Iindumiso 103:12** uthi:

*“Kunjengokuba kude kwempumalanga entshonalanga, ukulukhwelelisa kwakhe kuthi ukrefo lwethu;”*

**KumaHebhere 10:17** uthi:

“Izono zabo nokuchasa umthetho kwabo ndingabi sakukhumbula.”

Kuleveki cela uThixo atyhile isono sakho njengoko sisenzeka. Hlambulula kuThixo ucele uxolelo kwaye umbulele ngokukwamkela.





**ISIFUNDO 3:**  
**UYESU, AMANDLA OKUPHILA**  
**UMariya, Umama kaYesu: *Amandla okuphila?***

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**YABA**

Ingaba kukhona umntu ongakwazi ukwabelana ngendlela uThixo athe watyhila ngayo isono ebomini bakhe ngale ndlela senzeke ngayo kule veki? Uphendule njani?

**BUKELA**

Umboniso bhanya-bhanya- Isahluko 3: Ukuzalwa kukaYesu

**YAZI**

**ULuka 1:26-38** uthi:

*“Ke kaloku ngenyanga yesithandathu, Isithunywa esinguGabriyeli sathunyelwa nguThixo emzini welaseGalili, ogama liyiNazarete, kwintombi, eganelwe indoda egama linguYosefu, yendlu kaDavide. laye igama lentombi leyo linguMariya. Sangena isithunywa kuye, sathi, ‘Vuya wena ubabalweyo! INkosi inawe; usikelelwe wena phakathi kwabafazi.’”*

*“Uthe ke akusibona wee qhiphu umbilini ngenxa yelizwi laso; wayecamanga ukuba ungaba mbuliso mni na lo. Sathi ke isithunywa kuye ‘Musa ukoyika Mariya kuba ubabalwe nguThixo. Uyabona, uyakuthabatha esizalweni uzale unyana umthiye igama elinguYESU. Yena uya kuba mkhulu abizwe ngokuba nguNyana*

*wOsenyangweni. INkosi uThixo iya kumnika itrone kaDavide uyise abe ngukumkani phezu kwendlu kaYakobi kude kube ngunaphakade nobukumkani bakhe bungabi nasiphelo.”*

*“Wathi ke,’ uMariya kuso isithunywa, ‘Kuya kubakho njani oku ndingazani nandoda nje?’”*

*“Saphendula isithunywa sathi kuye, ‘UMoya oyiNgcwele uya kuza phezu kwakho athi namandla Osenyangweni akusibekela; kungoko loo nto ingcwele izalwa iya kubizwa ngokuba nguNyana kaThixo. Uyabona uElizabethhe, ozalana nawe naye naye umithe unyana ebudaleni bakhe, lowo bekuthwa ngongazaliyo yinyanga yesithandathu kuye, lowo bekuthiwa ngongazaliyo; ngokuba akukho nanye into eya kumnqabela yena uThixo.”*

*“Wathi ke uMariya, ‘Nanko umkhonzazana weNkosi makwenzeke kum ngokwelizwi lakho.’ Saza isithunywa semka kuye.”*

UMariya wayesenza umsebenzi wakhe wemihla ngemihla xa isithunywa esinguGabriyeli sifika kuye simxelela ukuba uzakuba nomntwana. Siyayazi into yokuba akunakwenzeka ukuba ubenomntwana ngaphandle kokudibana nendoda. Xa uMariya wayebuzela lombuzo kuGabriyeli, impendulo yakhe yathi, *“Kuba akukho nanye into enokumohlula uThixo.”* Wacacisa kuMariya ukuba ukuze lento yenzeke, *“UMoya oyiNgcwele uzakuba phezu kwakho athi namandla Osenyangweni akusikelele.”*

- Ingaba zinto zini ezazicingwa nguMariya, ingaba waziva njani akuva umyalezo kaGabriyeli?
  
- Nangona uMariya wayecinga kwaye eziva ngendlela ezininzi, yathini impendulo yakhe?
  
- Ingaba wena ngewaphendula njani?

**UBUSAZI?**

UMariya wayesele engejiwe nguYosefu, ngokwemvelo yabo wayethenjise ngokungathi sele etshatile. Nangona uMariya wayehlala nabakubo wayesele ethathwa njengenkosikazi kaYosefu. Ukuba wakrokrelwa njengongathembekanga, uYosefu wayenelungelo lokuba amnikele ukuba abulawe njengo mfazi owayebanjwe ekrexeza okanye anyanzelwe ayishiye lo dolophu elusizini nangempoxeko. Ngoko ke ukukhulelwa kukaMariya yayiyinto enkulu kubo bobabini.

Ukukhetha ukuba athembeke kwabonakalisa ukholo ingakumbi kwiimeko awayejongene nazo.

**EQHUBEKAYO**

Ngomzuzu nje omnye ubomi bukaMariya batshintsha ngenxa yokuba uThixo wakhetha yena ukuze athwale umsebenzi ongenakwenzeka ngokwemo yobuntu. Kodwa njengokuba isithunywa uGabriyeli sathi, *“Akukho nto imnqabeleyo uThixo.”* Akukho namnye apha kuthi ongacelwa ukuba makakhulelwe unyana kaThixo njengoMariya. Kodwa ke, uThixo uyasicela ukuba senze into ekunzima ukuyenza-ukulandela uYesu ngokuthemba imihla ngemihla.

Kukho mntu owakhe wathi ubomi bobuKrestu abukho nzima; abunakwenzeka.

Ezi vesi zilandelayo zibonisa ukuba akunakwenzeka ukuba uphile ubomi bobuKrestu ngaphandle koncedo loMoya oyiNgewele.

**UMateyu 16:24** uthi: *“Wandula wathi uYesu kubafundi bakhe ,ukuba kukho othanda ukundilandela, makazincame ngokwakhe awuthwale umnqamlezo wakhe andilandele.”*

**EkaYakobi 1:26** uthi: *“Ukuba ubani kuni uthi ungonqulayo, abe engalubambi ngomkhala ulwimi lwakhe, elukuhla intliziyo yakhe, unqulo lwalowo alunto yanto.”*

**UMateyu 5:48** uthi: *“Ngoko yibani ngabafezekileyo, njengokuba uYihlo osemazulwini efezekile.”*

Ngokwezivesi, kufanele ukuba sihlale kanjani?

♥ Ingaba uqhuba njani?

Emandleni wethu imiyalelo ayinakuphunywekwa kodwa uThixo akalindelanga ukuba silandele uYesu ngokwamandla ethu. UbuKrestu bubomi obunamandla onke kwaye nguKrestu ngamandla kaMoya oyiNgcwele obangela ukuba sibe nokuphila.

Masijonge ukuba uMoya oyiNgcwele wenza njani ukuze sibe nako ukuphila ubomi bobuKrestu.

IBhayibhile iyasixelela ukuba kukho iintlobo ezintathu zabantu.

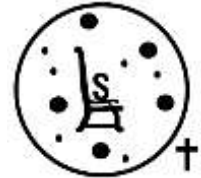
**1. Umntu wemvelo** ucaciswa ngokuba akazange ameme uYesu ebomini bakhe.

**1 KwabaseKorinte 2:14** ithi: *“Owemvelo ke umntu akazamkeli izinto zoMoya kaThixo; kuba izububudenge kuye; kananjalo akanakuzazi ngokuba ziphicothwa ngokoMoya.”*

Amanye amagama acacisa umntu wemvelo likratshi, uLOYIKO, UBUTYALA, UKUNGWABI kunye NOKUNGATHOBELI.

**Ubomi Bokuzilawula (Umntu Wemvelo)**

- S** - Ubuwena buhleli etroneni
- ✚ - Ukrestu ungaphandle ebomini
- - Iminqweno ilawulwa bubumna, amaxesha amaninzi iziphumo zaloonto ibakukukhathezeka kodwa.



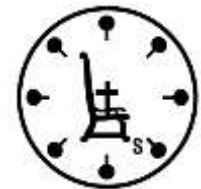
**2. Umntu kaMoya** ucaciswa njengokuba ekhokelwa kwaye enikezwa amandla nguMoya oyiNgcwele.

**1 KwabaseKorinte 2:15** ithi: *“Ke ongowoMoya okunene uphicotha zonke izinto kodwa yena ngokwakhe akaphicothwa.”*

Amanye amagama aphawulwa ngawo umntu wakwamoya ngala UKUTHEMBeka, UKUTHOBELA, UXOLO, UXOLELO NOTHANDO.

**Ubomi obukhokelwa nguKrestu (Umntu Wakwamoya)**

- ✚ - UKrestu usebomini futhi usetroneni
- S** - Ubumna buzinikezela kuKrestu
- - Iminqweno yona ikhokelwa nguKrestu ibe neziphumo ezipholileyo kunye nenjongo kaThixo.



**3. Umntu onokonakala** ucaciswa ukuba yena umeme uYesu ebomini bakhe kodwa ephila kwimpilo enokufa ezama ukulandela uYesu ngawakhe amandla.

**1 KwabaseKorinte 3:1** ithi: *“Nam ke, bazalwana, bendingenakuthetha kuni njengabakwaboMoya; bendinokuthetha njengabakwenyama, njengakwabaziintsana kuKristu.”*

Amanye amagama aphawula umntu wenyama ngala UKUPHAZAMISEKA, UKOYISEKA, UBULUNGISA-BABANTU, UMDLA OMNCINCI WOKUKHULA, NAMAHLANDENYUKA WAMAVA OKUKHULA EMOYENI.

**Ubomi bokuzilawula (umKrestu Wenyama)**

- S** - Uyena uhleli etroneni
- ✚ - uYesu uyamsusa etroneni kwaye angamvumeli ukuba akhokelele ubomi bakhe
- - Iimfuno zake zikhokhelwa sisiqu sakhe, ubomi bokuzilawula iziphumo zako kukuphoxeka nokuphazamiseka



♥ Yeyiphi kule mizobo mithathu ecacisa ngobomi bakho?

## ♥ Ngomphi umntu onganqwenela ukuba nguye?

Abantu abaninzi bafuna ukukhokelwa nguMoya oyiNgcwele. Masijonge ukuba kunjani ukuphila ubomi obuzaliswe nguMoya.

EBhayibhileni sibona uThixo ebonakaliswe waziziqu ezithathu: UYise, uNyana noMoya oyiNgcwele. UThixo usibonelele ngoMoya oyiNgcwele ukuze ahlale ngaphakathi kwethu ukuze asinike amandla esiwadingayo njengabalandeli bakaKrestu. Nangona uMoya oyiNgcwele ehlala kubo bonke abantu abamkele uYesu ebomini babo, asizaliswanga nguMoya oyiNgcwele de simvumele asikhokele futhi asinike abandla. Siyazikhethela ukuba masizaliswe (sikhokelwe futhi sinikezwe amandla) nguMoya oyiNgcwele imihla ngemihla, nditsho nomzuzu nomzuzu. Ngumahluko lo phakathi komntu wakwaMoya nophila ngokwenyama.

IBhayibhile isinike umyalelo ukuze sigcwalise nguMoya oyiNgcwele.

**Kwabase-Efese 5:18** ithi:

*“Kanjalo musani ukunxila yiwayini, ekukhoyo kuloo nto ukuzibhubhisa; manizaliswe nguMoya.”*

Siyazi ukuba ukuzaliswa nguMoya oyiNgcwele yinjongo kaThixo kuthi ngoba Yena wasiyalela. Sinesithembiso sikaThixo ku **1 KaYohane 5: 14-15** esithi:

*“Kuko oku ukungafihlisi esinako kuye; ukuba sithi sicele into ngokokuthanda kwakhe, uyasiva. Ukuba siyazi okokuba uyasiva esisukuba sikucela, siyazi ukuba sinazo izinto ezicelwayo, esizicelileyo kuye.”*

### **THETHA NGAKUMBI**

Ukuphefumla ngokoMoya kunamandla okusinceda umzuzu nomzuzu sixhomekeke kuMoya oyiNgcwele. Njengoko siphefumla ngaphandle umoya ongolileyo siphefumle ngaphakathi umoya olungileyo sinako ukuqalisa ukuphefumla ngokoMoya.

**Phefumlela ngaphandle:** Vuma izono zakho ngalamzuzu uqalise ukuziqonda-vumelana noThixo ukuba wonile kwaye umbulele ngoxolelo.

**Phefumelela ngaphakathi:** Nikela ulawulo lobomi bakho kuKrestu uxhomekeke kuMoya oyiNgcwele ukuthi akugcwalise ngobuKho bakhe namandla okholo.

Njengoko uMariya waphendula ngokholo ethembele kuThixo kwimeko awayekuyo, sifanele ukuphendula ngokholo sithembe uThixo ukuze siphile ubomi bobuKrestu.



- ❑ Ungaphendula njani njengokuba uMariya wamphendula uThixo?
  
- ❑ Sigcwaliswa njani nguMoya oyiNgcwele?

## **XELA**

**Umceli mngeni:** Qalisa imini nganye kule veki ngokucela uThixo avumele uMoya wakhe oyiNgcwele ukuthi akhokele ubomi bakho. Yabelana ubuncinane nomntu abemnye ngento oyifundileyo kuleveki ngoMoya oyiNgcwele.

**Ngena nzulu:** Ukufunda ngakumbi ngoMoya oyiNgcwele ukuze asebenze ebomini bakho funda ezi zicatshulwa zilandelayo: **Galati 5:16-26**, **KwabaseRoma 5:1**, **KwabaseRoma 8:1**, kunye **nakwabase Efese 5:18**. Ungafunda nencwadana, *Have You Made the Wonderful Discovery of the Spirit-Filled Life?* Ebhalwe nguBill Bright. Inga odwa kwi Campus Crusade for Christ ([orders@cccsa.org.za](mailto:orders@cccsa.org.za)) okanye uyifumane ku [www.cccsa.org.za](http://www.cccsa.org.za) or [www.cru.org/spirit/](http://www.cru.org/spirit/).





**ISIFUNDO 4:**  
**YESU, UMKHULULI ONAMANDLA**  
**UMariya waseMagadala: *Ingaba angandikhulula mna?***

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**YABA**

Ingaba ukhe wanalo ithuba lokuthetha nomntu ngoMoya oyiNgcwele kwiveki ephelileyo? Kwenzeka ntoni? Ingaba ukhona umahluko oye wawuqaphela emva kokuba uye wacela uMoya oyiNgcwele akukhokele?

**BUKELA**

Umboniso bhanya-bhanya - Isahluko 5: MARIYA WASEMAGADALA  
 UKHULULWA KUMOYA WAMADIMONI

**YAZI**

**ULuka 8:1-3 uthi:**

*“Kwathi emva koko, wayihamba imizi ngemizi, nemizana ngemizana, ezivakalisa ezishumayela iindaba ezilungileyo zobukumkani bukaThixo, babenaye abalishumi elinababini. Nabafazi abathile ababephiliswe koomoya abangendawo nasebulwelweni, uMariya ekuthiwa ngowaseMagadala, ekwakuphume kuye iidemon zosixhenxe, noYohana umfazi kaKuza, igosa likaHerode noSusana, nabanye abaninzi; bona babemlungiselela ngeempahla zabo.”*

- Ucinga ukuba ubomi bukaMariya waseMagadala babunjani phambi kokuba ahlangane noYesu?
- Kwakutheni angenzi nto ngokwakhe ukuze abe nako ukohlukana namademon?
- Ingaba abantu baphendula njani kuye?

### INGABA UBUSAZI?

Ngeza ntsuku, ukuba kufutshane kumntu okhe wangenwa kwaye walawulwa ngumoya ongcobileyo bekungabangela ukuba ungahlambuluki, ungabisakwazi ukuya eTempileni okanye ukwazi ukuzibandakanya nabanye abahlali ude uqondwe ukuba uhlambulukile kwakhona.

KwiTestamente endala uThixo wabeka imithetho emininzi ukuze amaYuda alandele yona. Wanika imithetho eyahlula ukuhlambuluka nokungahlambuluki komntu. Xa umntu engahlambulukanga yayithetha ukuba lomntu makangazibandakanyi nabanye abantu nakuThixo. Kwakufuneka elindile ukuze ahlambuluke kwakhona phambi kokuba abe nobudlelwane noThixo kunye nabanye.

- Kumboniso bhanya-bhanya, ingaba waphendula njani uYesu kuMariya waseMagadala ekubeni engahlambulukanga naye?
- Ingaba ucinga kutheni imimoya engcolileyo yamshiya xa uYesu eyiyalela ukuba iphume?

### KumaHebhere 1:1-3a ithi:

*“UThixo wayethethile nje kudala ngeendawo ezininzi, nangeendlela ezininzi, koobawo ngabo abaprofeti, uthethe ngale mihla yokugqibela kuthi ngoNyana; awammisayo wayindlalifa yeento zonke, awathi kwangaye wayenza indalo yonke; othe, elubengezelo lobuqaqawuli bakhe nombhalo wenkqu yakhe, ezithwele nokuzithwala zonke izinto ngalo ilizwi lamandla akhe, wesuka akuba eyenzile intlambululo yokusihlambulula ezonweni, wahlala phantsi ngasekunene kobuKhulu, enyangweni.”*

**ULuka 3:21-22** uthi:

*“Ke kaloku kwathi, ekubeni bebhaptiziwe abantu bonke, ebhaptiziwe naye uYesu ethandaza nokuthandaza, lasuka lavuleka izulu wehla, phezu kwakhe uMoya oyiNgcwele, enembonakalo yomzimba onjengehobe. Kweza nezwi eliphuma ezulwini lisithi, ‘Wena unguNyana wam oyintanda, endikholisweyo nguwe.’ ”*

**UYeremiya 32:17** uthi:

*“Awu, Nkosi yam Yehova, yabona, walenza izulu nehlabathi ngamandla akho amakhulu, nangengalo yakho eyolukileyo; akukho nto ikunqabeleyo.”*

Ingaba zithini na ezi vesi ngoYesu nangamandla akhe?

Batshintsha njani ubomi bukaMariya waseMagadala emva kokuhlangana kwakhe noYesu?

♥ **Ingaba uThixo uthetha nawe ngeli bali lika Mariya? Ingaba ufuna ukukhululwa ndawoni ebomini bakho?**

## **EQHUBEKAYO**

Ngenxa yobuhlobo bethu noThixo, uYesu angasikhulula kuwo onke amadabi esikuwo. Kwilizwe lethu namhlanje sifumana abantu befuna zonke iintlobo zezinto ezinokuthi zizise ukwaneliseka kwexeshana. Ezo ke ziquka ukutya, ukuthenga, imali, ukungcakaza, utywala, iziyobisi, imifanekiso yamanyala, umabonakude kwakunye noqhagamshelwano lwekhompyutha. Nangona imeko yokuxhomekeka inokuba khona, ngamanye amaxesha sifuna izinto ezibonakalayo ukuphilisa intlungu engaphakathi.

Nokuba ngaba imeko okuyo injani na, zonke zinefuthe elifanayo – zisigcina ekuthini singabuvi ubukho bamandla kaThixo ngokugcwalisekileyo kwiimpilo zethu.

Njengaye uMariya waseMagadala, singathi sikhululwe kumandla embophelelo siphila ubomi apho sinokuthi sifumane inkululeko kaThixo kunye nenjongo yakhe. Ngenxa yamandla kaKrestu, singaqalisa ukuphila kwinkululeko yenyano, soyise ukubanjwa ziimpembelelo ezingendawo kubomi bethu.

Khumbula xa ulandela uKrestu, amadabi awapheli, uThixo angasinika amandla okuma nokunyamezela kwaye angazisebenzisa ezi zinto ukwakha iimpawu azifunayo ebomini bethu.

**KumaHebhere 12:1-2** ithi:

*“Ngako oko ke, sinelifu elingakanana nje elisingqongileyo lamangqina, masithi nathi, siwubekile nxamnye wonke umthwalo, naso isono esinokusirhawula ngokusisulu, silubaleke ngomonde ugqatso ulubekwe phambi kwethu, sise amehlo kuyo iMbangi nomMgqibelelisi wokholo lwethu, uYesu, owathi, ngenxa yovuyo olwalubekwe phambi kwakhe, wawunyamezela umnqamlezo, elidelile ihlazo, waza wahlala phantsi ngasekunene kwetrone kaThixo.”*

**EkaYakobi 1:2-4** ithi:

*“Kubaleleni ekuthini kuluvuyo olukhulu, bazalwana bam, xa nithe nagaxeleka ezilingweni ngezilingo, nisazi nje ukuba ucikido lokholo lwenu lusebenza umonde. Umonde ke mawube nomsebenzi ozalisekileyo ukuze nibe ngazalisekileyo abagqibeleleyo ningaswele nto.”*

♥ **Yintoni ebomini enokuba ngumahluko xa uxhomekeke kuThixo xa uthe wagaxeleka ezilingweni?**

**XELA**

Nokuba sindawoni na kuhambo lwethu lokholo, sinemithwalo sonke. Umthwalo awayejongene nawo uMariya waseMagadala yayi ngumoya ongcolileyo, waza uYesu waba ngumkhululi wakhe onamandla. Nokuba yintoni umthwalo wakho namhlanje uYesu ufuna ukuba nguMkhululi onamandla.

**Umceli-mngeni:** Kule veki unganika uThixo nayiphi na indawo engaba inomthwalo okanye ubunzima ebomini bakho kwaye umcele ukuba akunike inkululeko. Yabela omnye umntu lento uyifundileyo.

**Ngena nzulu:** Bhala kwaye uzibophelele ekukhumbuleni **kumaHebhere 12:1-2** kwaye ucele uThixo akuncede uyiqonde kwaye uyiphile le nyaniso.



**ISIFUNDO 5:**  
**YESU, UMBONELELI ONEMFESANE**  
**Umhlolokazi waseNayin: *Ingaba angakwazi na ukundikhathalela?***

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**YABA**

Would anyone be willing to share about the struggle/difficulty that you entrusted to God this week?

Ingaba ukhona umntu ofuna ukucengeleza incwadi **yamaHebhere 12: 1-2** oyinqayile? Ukuba akekho masiyifunde sisonke. “Ngoko ke, sinelifu elingakanana nje elisingqongileyo lamangqina; masithi nathi, siwubekile nxamnye wonke umthwalo, naso isono esinokusirhawula ngokusisisulu, silubaleke ngomonde ugqatso olubekwe phambi kwethu; sise amehlo kuyo iMbangi noMgqibelelisi wokholo lwethu, uYesu owathi, ngenxa yovuyo olwalubekwe phambi kwakhe, wawunyamezela umnqamlezo, elidelile ihlazo, waza wahlala phantsi ngasekunene kwetrone kaThixo.”

**BUKELA**

Mboniso bhanya-bhanya - Isahluko 6: **UYESU UVUSA UNYANA WOMHLOLOKAZI**

**YAZI****ULuka 7:11-17 uthi:**

*“Kwathi ngomhla olandelayo, waya emzini ekuthiwa yiNayin. Kwaye kuhamba naye iqela labafundi bakhe, nendimbane enkulu. Ke kaloku, akusondela esangweni lomzi lowo, kwabonakala kuthwalelwa phandle umntu ofileyo, ekuphela konyana ozalwa ngunina; waye yena engumhlolokazi. Yaye ithi iNkosi yakumbona, yasikwa yimfesane ngenxa yakhe, yathi kuye, musa ukulila”*

*“Yafika ke yalichukumisa ithala, bema ke ababelithwele. “Yathi, Ndodana, ndithi kuwe, Vuka.’ Wavuka wahlala umfi lowo, waza ke wathetha. Yamnikela ke kunina.”*

*“Bangenwa ke kukoyika bonke. Babemzokisa uThixo, besithi, kuvele umprofethi omhkulu phakathi kwethu; besithi, Ubavelele uThixo abantu bakhe. Lwaphuma ke olo ludaba lungaye, lwahamba kwelakwa Yuda liphela, nakuloo mmandla wonke.”*

**UBUSAZI?**

Ithathwe ku: [www.stathanasius.org/bible/oct\\_8\\_2000.html](http://www.stathanasius.org/bible/oct_8_2000.html)

Kwizehlo ezichazwa kuLuka, kuyabonakala ukuba umhlolokazi waseNayin wayengenamali. Okokuqala isidumbu sale ndoda sasifakwe emkhombeni ovulekileyo (vesi 14). Okwesibini xa uYesu wathetha kuye, “Ndodana, ndithi kuwe vuka” (vesi 14) waqalisa ukuthetha ngokukhawuleza. Akuzange kufuneke ukuba akhululwe kwiintambo awayebotshwe ngazo unyana womhlolokazi, singacingela ukuba wayebekwe engcwabeni. Ngokucacileyo umhlolokazi wayelihlwempu.

Ngaphantsi komthetho kaMoses, kwakungekho zibonelelo ezazisenzelwa abahlolokazi ngenxa yonyana omkhulu- owayenebango lobukhulu babenoxanduva lokuba babonelele. Ababhali nabaFarisi belo xesha babebavalela abahlolokazi xa indlala ibathwaxa bengenamali. (jonga **kuMateyu 23:14**).

- Ingaba yayintoni isidingo salo mfazi xa wayehlangana noYesu?
- Waphendula njani uYesu kuye kwaye wabonelela njani kwimeko leyo wayekuyo?



- Yathetha ntoni lo nto kumhlolokazi xa uYesu evusa unyana wakhe ekufeni?

**Iindumiso 68:5** ithi:

*“uYise weenkedama, umthetheleli wabahlolokazi, nguThixo ekhayeni lakhe elingcwele”*

- Esi sicutshulwa sisixelela ntoni ngoThixo?

## **EQHUBEKAYO**

Njengomhlolokazi sonke siyavelelwa zimeko ezisicinezelayo. Singaziva singenathemba, silahlekelwe, sikuxinzelelo, sisoyika.

♥ **Ingaba unengxaki ekusokolisayo ngalo mzuzu?**

**KwabaseFilipi 4:6-7,19** ithi:

*“Ningaxhaleli nto; ezintweni zonke, mazithi iingcelo zenu ezintweni zonke, ngako ukuthandaza nokukhunga, ndawonye nokubulela zaziswe kuye uThixo. Lwaye uxolo lukaThixo, olugqithisele kuko konke ukuqonda, luya kuzigcina iintliziyo zenu neengqiqo zenu kuKristu...ke uThixo wam wokwenzeelelela konke ukuswela kwenu ngobutyebi bakhe, ngozuko olukuKristu Yesu.”*

- Zeziphi imfuno ezibandakanyiweyo kuzo “zonke” ezi vesi?
- Yintoni athe uThixo uya kuyenza?
- Ngenxa yesithembiso sikaThixo sokuzalisekisa iimfuno zethu, ngoko ke kufuneka senze ntoni na?
- Xa sibona ukuba uThixo akazizalisekisi iimfuno zethu, ingaba sisenokumthemba yena?

**1 KaPetros 5:7 uthi:**

“Lonke ixhala lenu liphoseni phezu kwakhe, ngokuba enikhathalele.”

**uMateyu 6:31-34 uthi:**

*“Musani ukuxhala ngoko, nisithi, ‘Sodla ntoni?’ ‘Sosela ntoni na?’ Okanye ‘siya kwambatha ntoni na’ Kuba zonke ezo zinto zingxanyelwe ziintlanga; kuba uYihlo wasemazulwini uyazi ukuba ezo zinto zonke ziyafuneka kuni. Funani ke tanci ubukumkani bukaThixo nobulingisa bakhe zaye zonke ezo zinto ziya kongezelelwa kuni. Ngoko musani ukuxhalela ingomso kuba ingomso liya kuxhalela okwalo. Buyanele imini leyo obayo ububi.”*

- Ingaba uThixo ufuna senzeni kwezivesi?
- Ucinga ukuba kuthetha ntoni ukufuna ubukumkani bamazulu kuqala nobulungisa?
- Zeziphi iindlela zokubonakalisa inyaniso ebomini bakho?

**XELA**

- Siwaphosa njani amaxhala nemithwalo yethu kuYe?  
(bona **1 KaPetros 5:7**)

**NDIXELELE NGAKUMBI**

EBhayibhileni, “ukuphosa” kuthetha ukuthwalisa umthwalo esilwanyaneni esifana nedonki okanye inkuzi yenkomo. UYesu uyasimema ukuba “siyiphose” kuye imithwalo namaxhala ethu kuye.

**Umceli mngeni:** Ingaba kukhona imithwala ofuna “ukuyiphosa” kuThixo? Umzekelo imali, ubuhlobo, izidingo zenyama (ukutya, impahla, impilo, indlu) imfuno yasemphefumleni (ixhala, ukungonwabi, ubutyala, usizi, isithukuthezi, uxinzelelo), umsebenzi.

**uMateyu 11:28** uthi:

*“Yizani kum nonke nina nibulalekayo, nisindwayo ngumthwalo, ndoninika ukuphumla.”*

**Ngena nzulu:** Zinikele ukuba ucele uThixo akuncede kweyona meko inzima ebomini bakho. Yaba kwiveki elandelayo kwenzeke ntoni eyimpendulo emthandazweni wakho.





**ISIFUNDO 6:**  
**UYESU, UMPHILISI OGQIBELELEYO**  
**Umfazi Owayenethombe Legazi: *Ingaba angandiphilisa mna?***

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**YABA**

Ungaba umcelile uThixo akuncede kweyona meko ibuthathaka ebomini bakho kuleveki iphelileyo? Kwenzeke ntoni?

**BUKELA**

Umboniso bhanya-bhanya-Isahluko 9: UPHILISA UMFAZI  
 OWAYENETHOMBE LEGAZI

**YAZI**

**uMarko 5:25-34** uthi:

*“Intokazi ethile, eyayinethombo legazi iminyaka elishumi elinambini, eyayive ubunzima obuninzi kumagqirha amaninzi, eyayityelwa konke eyayinako ingancendeki kwaphela imana ukuba mandundu: Yathi yakuwa ngaye uYesu, yeza phakathi kwesihlewele ngasemva, yayichukumisa ingubo yakhe; kuba yayisithi kuba ibisithi ‘ukuba ndithe ndachukumisa neengubo zakhe ezi ndosindiswa.’ Watsho kwangoko umthombo wegazi wayo wayeka; yeza emzimbeni wayo ukuba iphilisiwe kweso sibetho.”*

*“UYesu, uthe kwaoko waqaphela ukuba amandla angaphakathi kwakhe aphumile kuye. Wajika esesidlangaleni wathi ‘ngubani na ochukumise iingubo zam?’ ”*

*“Bathi kuye abafundi bakhe ‘Ubona nje ukuba isihlwele sikuxinile’, utsho na ukuthi ‘Ngubani ondichukumisileyo?’”*

*“Wasingasinga, ukuba ambone lowo uyenzileyo le nto. Ithe ke intokazi leyo isoyika kuba ikwazi oko ikwenzileyo, yeza yawa phantsi kuye yamxelela inyaniso yonke. Wathi ke kuyo ‘Ntombi yam ukholo lwakho lukusindisile; hamba unoxolo phila kweso sibetho sakho.’”*

Abafundi abaninzi beBhayibhile bayavumelana ukuba elithombe legazi lingapheliyo lalinento yokwenza nokuya exesheni. Ngokomthetho weTestamente endala umfazi onethombe legazi kwakungavumelekanga ukuba aye ebukhweni bukaThixo okanye achukunyiswe ngumntu ongomnye umYuda. Naluphi na uchukunyiso lalimenza omnye umntu angahlambuluki.

Sifundile ngokugula kwasenyameni kwalo mfazi. Ingaba bobuphi obunye ubuhlungu lo mfazi ongaba ebekuva?

♥ **Imeko yonxunguphalo ingasenza sizame nantoni na. Zeziphi iindlela oye wazama ukufumana impendulo kwimeko yakho? Ingaba ucinga uYesu uthatha ixesha elingakanani ukuba akuncede?**

Nangona wayezazi iziphumo awayezakujongana nazo, umfazi owayenethombe legazi wayelangazelela ukubona uYesu. Ukuze akwazi ukumchukumisa uYesu, umfazi kwafuneka atyhale indlela yakhe phakathi kwesihlwele esasime endleleni yakhe. Wayeqinisekile ukuba nguYesu yedwa ongakwazi ukumnceda.

Yintoni eyenza ukuba akhuthazeke ukuthi atyhale isihlwele?

Yintoni uYesu awayibuyiselayo ebomini bakhe akumphilisa?

♥ **Yintoni wena ekuthintelayo ekudibaneni noYesu?**

UTHixo uyafuna ukubuyisela ubomi bakho kuzo zonke iindawo ebomini bakhe ngokuba uyakhathala nzulu ngawe. “Andiyazi yeyiphi ezisa impiliso kakhulu, amandla kaYesu okanye Usizi lwaKhe.”- uMariya waseMagadala kwi *Magdalena: Released From Shame*

## EQHUBEKAYO

Ukuhlaziywa komntu kungathatha ixesha. Emva kokulinda iminyaka elishumi elinesibini echitha imali imini yafika xa wadibana noYesu wazukisa uThixo ngenxa yempiliso nangenxa yempendulo kukholo lwakhe. NguThixo owongamele zonke izinto kwaye unexesha azenza ngalo. Nokuba sinokholo njengalo mfazi, usiphendula ngeendlela ezahlukeneyo, okanye ngamaxesha ohlukeneyo singalindelanga. Kubalulekile kuthi ukwamkela intando Yakhe nokuba ithini impendulo.

**KumaHebhere 4:15-16** ithi:

*“Kuba asinambingeleli mkhulu ungenako ukuvelana nezilwelwe zethu, ke, sinowayehendwayo ngeento zonke ngokokufana nathi engenasono. Masisondele ke ngoko sinokungafihlisi kuyo itrone yobabalo, ukuze samkeliswe inceba, sifumane ubabalo lokuzisa ngexesha elililo.”*

❑ Ingaba uYesu usiphendula njani xa sithi siye kuYe?

La mfazi wafumana kuYesu kanye okona ebekunqwenela - impilo ngokwasenyameni. Ayingabo bonke abafumana abakunqwenelayo. uPawulos wasenzela umzekelo ngamava wakhe **2 kwabaseKorinte: 12: 7-10** athi: *“Kwathi ukuze ndingaziphakamisi ngokungaphezulu ngenxa yezityhilelo eziyincamisa, ndanikwa iviko enyameni, isithunywa sikaSathana, ukuze sindintlithe. Ndayibongoza kathathu iNkosi ngaso isithunywa eso ukuba sisuke kum. Ithe yona kum ‘Ubabalo lwam lukwanele kuba amandla am azalisekiswa ekuswelekeni kwamandla.’ Ngoko kokukhona sendiya kuqhayisa kamnandi kakhulu ngokuswela kwam amandla, ukuze ahlale phezu kwam amandla kaKristu. Kungoko ndikholisweyo kukuswela amandla, kukuphathwa kakubi ziingxakeko, ziintshutshiso, ubunzima ngexa kaKristu kuxa sukuba ndiswele amandla kuxa ndinamandla.”*

UThixo akazange amphilise uPawulos xa wayecela, ngoko ke wanyanzeleka axhomekeke emandleni kaThixo phakathi kobuthathaka bakhe. UThixo akasoloko eziphilisa iingxaki zethu zasenyameni kodwa uye asinike amandla okuthwala ingxaki leyo.

**EKaYakobi 1: 2-4** uthi:

*“Kubaleleni ekuthini, kuluvuyo olukhulu bazalwana bam, xa nithe nagaxeleka ezilingweni ngezilingo, nisazi nje ukuba ucikido lokholo lwenu lusebenza umonde. Umonde ke mawube nomsebenzi ozalisekileyo ukuze nibe ngabazalisekileyo abagqibeleleyo ningaswele nto.”*

- ❑ Ngokwale vesi zithini ezinye izizathu uThixo anokuzikhetha ukusihlaziya okanye ukuphendula imithandazo ngale ndlela silindela ngayo?

## XELA

### 2 KwabaseKorinte 1:3-5 ithi:

*“Makabongwe uThixo, uYise weNkosi yethu uYesu Kristu, uSozimfefe uThixo onako konke ukuthuthuzela, osithuthuzelayo kuyo yonke imbandezelo yethu, ukuze sibe nako ukubathuthuzela abakwinto yonke eyimbandezelo ngayo intuthuzelo esithuthuzelwa ngayo nathi nguye uThixo. Njengokuba iintlungu zikaKristu ziphuphumela kuthi ngokunjalo ithi nentuthuzelo yethu iphuphume ngoKristu.”*

Thina maKrestu, asisuswa ebunzimeni. UYesu usinceda ukuze ubunzima obo bube ngamabali kwaye zisikhuthaze nabanye abasenokuba basebunzimeni. Inkuthazo nempiliso uThixo asinika yona ayibonwa njengento elungele thina kuphela. Sizukisa uThixo futhi simnika udumo xa sisabelana nabanye ngento uThixo asenzele yona.

**Umceli mngeni:** Ukuba uThixo angahlaziya kwisithilana ohlala kuso jonga ithuba kule veki lokuba wabe ibali lakho kunye nomntu ocinga ukuba udinga inkuthazo.

**Ngena nzulu:** Bhala iindawo apha ebomini bakho ocinga zifuna ukuhlaziywa. Kusenokuba kusenyameni, ubuhlobo, kusemoyeni. Zinikele eNkosini futhi ukholelwe ukuba uzakuhlaziyela zona.

Ukuba ngaba kukhona indawo engekahlaziywa ngendlela onqwenela ngayo, yise kuThixo. Ubulele kuye ngokholo ngayo nayiphi na impendulo. Imo yokubulela kuThixo ibonakalisa ukholo. Musa ukuyeka ukuthemba uThixo nokulunga kwakhe. UnguThixo olungileyo kwaye uyakuthanda!

Khumbula ukuba kubuninzi bethu sine neengxaki ezinzulu. Lento iyakuthetha ukuba sifune inkokheli ibe ngumhlobo othembakeleyo abe ngumfundisi okanye umcebisi. Musa ukoyika ukufuna uncedo ukuze uhlaziyeke ngokupheleleyo. Cela uThixo akuncede ufumane umntu ogqibeleleyo.





**ISIFUNDO 7:  
UYESU, AMANZI OKUPHILA**  
**Umfazi Emthonjeni: *Ingaba angandanelisa mna?***

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**YABA**

Ingaba uThixo ukukhuthaze njani kule veki kwimo yobomi bakho efuna ukuhlaziyeka?

Ingaba unalo na ithuba kule veki ukuthi ukhuthaze umntu ngebali lakho, ingaba unganako?

**BUKELA**

Bukela umboniso bhanya-bhanya - Isahluko 7: UMFAZI EMTHONJENI

**YAZI**

**UYohane 4:7,9-26,28-30,39-40** uthi:

*“Uthe ke ngoko uYesu nabafundi bakhe besuka eJudiya besingise eGalili, ebulalekile kukuhamba wahlala kufutshane komthombo owenziwa nguYakobi.”*

*“Kufika intokazi yelamaSamariya isiza kukha amanzi athi uYesu kuyo Ndiphe ndisele. (Kuba abafundi bakhe bebemke baya kuthenga ukudla emzini apho)*

*“Ithi ke ngoko intokazi engumSamariyakazi kuye “uthini na wena ungumYuda nje ukucela kum into eselwayo ndingumSamariyakazi nje?” (Kuba akanabudlelwane amaYuda namaSamariya.)*

*“Waphendula uYesu wathi kuyo ‘Ukuba ubusazi isipho sikaThixo, nokuba ngubani na lo uthi kuwe: Ndiphe ndisele unge ucele kuye wen, a wakupha amanzi aphilileyo.’*

*“Ithi intokazi kuye ‘Nkosi akunanto yakukha nequla linzulu uwazuza phi na ke amanzi aphilileyo lawo? Wena umkhulu yini na kunobawo wethu uYakobi owasinikayo iqula eli wayesela kulo nabantwana bakhe nemfuyo yakhe?’*

*“Waphendula uYesu wathi kuyo, ‘Bonke abasela kula manzi baya kubuya banxanwe keyena othe wasela kuwo amanzi endiya kumphona wona mna, akasayi kuza anxanwe naphakade. Ayakusuka amanzi wona abe ngumthombo kuye wamanzi ampompozela ebomini obungunaphakade.’*

*“Ithi intokazi kuye ‘Nkosi ndiphe loo manzi ukuze ndinganxanwa, ndingezi nokuza kukha apha.’*

*“Athi uYesu kuyo ‘Hamba uye kubiza indonda yakho ize apha.’*

*“Yaphendula intokazi yathi ‘Andinandoda.’ ”*

*“Athi uYesu kuyo ‘Ulungisile ukuthi andinandoda.’ Inyani yeyokuba, ubunamadoda amahlanu onayo ngoku asiyondoda yakho unyanisile ukutsho.’*

*“Ithi intokazi kuye ‘Nkosi ndiyabona ukuba ungumprofeti wena. Oobawo bethu babenqula kule ntaba nina ke nithi iYerusalem indawo apho abantu bamelwe kukunqula khona .’ ”*

*“Athi uYesu kuyo ‘Ntokazindini kholwa ndim ukuba kuza ilixa eningasayi kuthi nakule ntaba naseYerusalem nimnqule uBawo. Nina ninqula eningakwaziyo thina sinqula esikwaziyo ngokuba usindiso luphuma kumaYuda. Kodwa kuza ilixa, nangoku selikho, xa abanquli abayinyaniso baya kumnqula ubawo ngoMoya nangenyaniso; kuba uBawo ufuna abanjalo ukumnqula . UThixo unguMoya; abo ke bamnqulayo bamelwe kukumnqula ngoMoya nagenyaniso.’ ”*

*“Ithi intokazi kuye ‘Ndiyazi ukuba uMesiya uyeza ekuthiwa nguKristu, xa athe weza yena, uya kusityela izinto zonke.’ ”*

*“Athi uYesu kuyo ‘Mna ndithethayo nawe ndinguye.’ ”*

*“Kwathi kwangoko bafika abafundi bakhe, bamangaliswa kukuba athethe nomntu oyinkazana; noko ke akubangakho namnye owathi, ‘Ufuna ntoni na?’ okanye, ‘yini na ukuba uthethe nayo?’ ”*

*“Yawushiya ngoko umphanda wayo intokazi yemka yaya ekhaya, ‘Ithi ebantwini Yizani nibone umntu ondixelele izinto zonke endakha ndazenza lo akangebi nguye uKristu yini na?’ Baphuma ke ekhaya baye besiza kuye.”*

*“Ke kaloku kwakholwa kuye into eninzi yamaSamariya kuloo mzi ngenxa yelizwi lentokazi leyo yangqinayo yathi ‘Undityelele izinto zonke endakha ndazenza’ Akufika ngoko kuye amaSamariya amcela ukuba ahlale nawo. Wahlala khona ke imihla emibini. Into eninzi yakholwa ngakumbi ngenxa yelizwi lakhe.”*

*“Kanjalo babesithi kwintokazi leyo, ‘Asisakholwa ngenxa yokuthetha kwakho, kuba sizivele thina ngokwethu, sazi ukuba, inyaniso, lo unguye uMsindisi wehlabathi uKristu.”*

Lithini ibali lale ntokazi?

#### **UBUSAZI NA?**

Yayingamkelekanga ukuba indoda nomfazi bohlanga olwahlukeneyo bathethe ePalestina kudala.

Kwakukhona ukungavani phakathi kwamaYuda namaSamariya ngela xesha njengokuba amaSamariya aye luhlanga oluxubeneyo. Lo mfazi wabuza, “ucela njani kum amanzi ndingumSamariyakazi?” KumaYuda ngelo xesha igama elithi Samariya belifana negama elithi “inja.” AmaYuda ebehamba imigama emide engafuni ukuhamba agqithe okanye adibane namaSamariya.

Into yokuba le ntokazi ize kukha amanzi emthonjeni emini isixelela nto ngayo. Kungokuba abantu babesele besithi ungumlahlwa ngenxa yesimo sakhe esibi kwaye wayesele engafunwa ekuhlaleni.

Le ntokazi yayingalindelanga ukuba uYesu angathetha nayo ade acele namanzi.

- UYesu wayiqala ngokwakhe intetho kunye nale ntokazi. Lento isicacisela ntoni na ngoYesu?
- Ucinga ukuba yintoni eyabangela uYesu abuze le ntokazi ngendoda yakhe?

UYesu wathetha ngokucacileyo malunga nebali lakudala lale ntokazi nemeko ahlala kuyo ngoku. Ayikho into eyayifihlakele. Wakuqonda ukwaphuka nentlungu

awayenayo ebomini bakhe. Akazange amchase. Wabanemfesane wambonisa indlela eya ebomini ayiyo yena Yesu.

- Yayizizalisekisa njani na le ntokazi iimfuno zayo?
- Zeziphi iindlela esithi sizame ukuzalisekia iimfuno zethu namhlanje?
- Wathi uYesu uyakuzifezekisa njani iimfuno zakhe? Inggamene njani le nto nathi?

## **EQHUBEKAYO**

Abantu abakholelwa ngenyaniso kuYesu baqalisa ukubona utshintsho kubo, izimvo nobume babo butshintse. Babe “ngabantu abatsha.”

### **2 KwabaseKorinte 5:17** ithi:

*“Ngoko ke, ukuba ubani ukuKristu usisidalwa esitsha; zonke izinto ezindala zidlule; bonani zisuke zaba ntsha izinto zonke zakhe.”*

UmSamariyakazi kwangoko waya kuxelela abanye kwidolophana yakhe ebonisa ukuba ukholiwe kuYesu kwaye uzelwe ngokutsha.

Zintathu izinto ezenzekayo ngenxa yentetho umSamariyakazi wayenayo kunye noYesu. Izolo lakhe alizange likwazi ukumahlukanisa noThixo. Abantu kwindawo awayehlala kuyo bazana noYesu ngenxa yakhe. Abalandeli bakaYesu bawela umda wobuhlanga.

### **KumaGalati 3:28** ithi:

*“Akusekho mYuda, namGrike; akusekho khoboka nakhululekileyo; akukho ndoda nankazana; kuba nonke nimntu mnye, nikuKristu Yesu.”*

### **UYohane 7:37-39** uthi:

*“Ke kaloku, ngomhla wokugqibela, ongowona mkhulu womthendeleko, wema uYesu, wadanduluka esithi, ukuba kukho othi anxanwe makeze kum asele. Lowo ukholwayo kum njengoko satshoyo isibhalo kuya kumpompoza imilambo yamanzi aphilileyo iphuma embilinini wakhe. Oku wakuphuma ke ngaye uMoya abebeza kumamkeliswa abo bakhohwayo kuye; kuba ebengekamkelwa uMoya oyiNgcwele ngokuba uYesu ebengekazukiswa.”*

- Ithetha ntoni ukuthi kuya kumpompoza amanzi kuthi?

**KumaGalati 5: 22-23** ithi:

*“Ke sona esoMoya isiqhamo luthando, uvuyo, uxolo, ukuzeka kade umsindo, ububel,e ukulunga intembeko, ubulali, ukuzeyisa, akukho mthetho uchasene nezinto ezinjalo.”*

Xa sivumela uMoya oyiNgwele alawule ubomi bethu siqalisa ukubona utshintsho kuthi kwaye abanye babona isiqhamo ebomini bethu.

**XELA**

- Loluphi uhlobo lomntu uYesu athi lifunwa nguYise? (Jonga iphepha ekuqaleni kwesisicatshulwa.)

Noxa singayazi ukuba ngobani abayakuphendula, njengomSamariyakazi, kufuneka sixebele abanye ngento uThixo asenzele yona.

**UYohane 4:39** uthi:

*“Ke kaloku, kwakholwa kuye into eninzi yamaSamariya kuloo mzi ngenxa yelizwi lentokazi leyo yangqinayo yathi ‘Undityele izinto zonke endakha ndazenza.’ ”*

Umlahlelwa ngaphandle womfazi waba liqhawekazi kuloo dolophana. UYesu wamxolela umfazi wamsebenzisa ukuba abize abanye kulo mzi beze kuThixo.

**Umceli mngeni:** Ngubani ebomini bakho ocinga ukuba usafuna ukwazi ngezinto uThixo akwenzele zona? Xelela abanye kwangale ndlela ukuze babe ngabanquli benyaniso. Dwelisa abantu uqalise ukuthandaza ukuze xa bathe beva ngoYesu baze kuYesu njengoko yenzayo intokazi yomSamariyakazi.

Uvuyiswano lweveki ezayo luzakuba nexesha lokwabelana. Imibuzo elandelayo ingakunika umkhomba ndlela ekucingeni kwakho.

- Ingaba indlela ocinga ngayo ngoYesu iye yatshintsha emveni kwesi sifundo? Ukuba kunjalo, kwenzeke kanjani?
- Yeyiphi indawo ebomini bakho ofuna itshintshe ngenxa yesisifundo?
- Uyesu ubuchukumise njani ubomi bakho ngoku ufunda esi sifundo ngaye?





**ISIFUNDO 8:  
UYESU, ISIHLOBO SANAPHAKADE  
Masibhiyoze!**

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Lixesha lokuba sonwabe ngento uThixo ayenzileyo ngexesha lesisifundo! Siza kuzonwabisa!

Ngubani ocinga ukuba uyakuzuza ngokubukela u*Magdalena: Released From Shame*, akugqiba abelane ngeBhayibhile? Masenze uluhlu lwabo bantu ngoku. Khumbula indlela ukubukela lo mboniso okuyivule ngayo intliziyo yakho kuThixo. Kha ucinge xa inokuvula intliziyo yomhlobo wakho.

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